



# The Campus Herald

Volume 20 Issue 3

Johnson & Wales University - Providence, Rhode Island

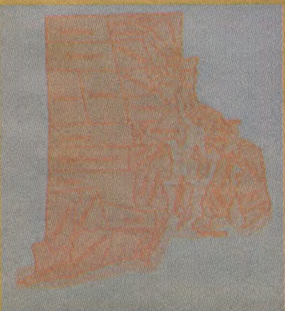
Wednesday, October 6, 1999

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Charts new waters.

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COUNTDOWN  
TO THE  
MILLENNIUM  
87 DAYS LEFT



The Mission of The Campus Herald is to serve as the vital source of information for Johnson & Wales University, its students, faculty, administration, and immediate community. To this end, this publication produced by the students of this university shall provide the integrity and professionalism necessary for providing accurate and essential information to transcend the geography between the university family.  
- Donn L. Wilson (1998)

## October Marks Breast Cancer Awareness

by Mike Post  
Editor-in-Chief

There is no simply way to talk about cancer. It is a debilitating disease that effects not only the victim but those around them. It can leave a person with a diminished lack of dignity and sense of helplessness.

One of the fastest growing cancers today is breast cancer. To help educate women and people in general, the American Cancer Society has declared October National Breast Cancer Awareness Month.

This year alone the American Cancer Society (ACS) estimates that 175,000 women will be diagnosed with breast cancer this year and 43,300 women will die from the disease. These statistics make breast cancer the second leading cause of death for women. Through proper prevention, early diagnosis and treatment, the number of victims will slowly go down. One way to promote early diagnosis is through a yearly mammogram. The American Cancer Society has set forth the following guidelines for the detection of breast cancer in asymptomatic (without symptoms) women:

- Women 20 years of age and older should perform a breast self examination every month
- Women 20-39 should have a physical examination of the breast every three years, performed by healthcare professionals, such as a physician, physician assistant, nurse or nurse

practitioner

- Women 40 years of age or older should have a mammogram every year.

Through these checks, and by eating the right diet and knowing your family history, women can put themselves at a lower risk of getting the disease.

Breast Cancer can have many impacts on a woman. One of the biggest is the emotional impact on a woman surviving from the disease, including insecurities about body image.

Depending on the choice of treatment a woman may go through a body altering procedure. Some may have to have a

lumpectomy. This removes the breast lump and the surrounding margin of normal tissue. Another option may be a mastectomy. In this procedure, the entire breast is removed. Both of these procedures may leave the patient with a diminished body image. These operations, combined with chemotherapy treatments and radiation, can leave a person with low self-esteem. The loss of hair and the alteration of skin tone raise genuine concerns on how a woman will handle the side affects of treatment.

By following the ACS guidelines and becoming educated about the disease the fight against Breast Cancer can be won. Many people are unaware of the adverse effects this disease can have on woman. For more information regarding breast cancer, visit the American Cancer Society's web page at [www.cancer.org](http://www.cancer.org).

175,000 women will be diagnosed with breast cancer this year and 43,300 women will die from the disease

## Remembering Holly

A reflection of a friend who has been lost

by Brenna Phillips  
Phi Sigma Sigma

As we all know the sisters of Phi Sigma Sigma, as well as the rest of the Johnson & Wales community lost a very special person on October 9 of last year. Her name was Holly Normoyle and she was killed by a drunk driver while she was driving home from work.

As the one-year anniversary of her death rolls by, we all remember the times we shared with her.

I have always seen my life as a journey on a road to tomorrow. There have been turns here and there that have challenged me. But I made it through those times because there was always that special friend(s) that I met along the way.

When I came to Johnson & Wales as a freshman I was scared that I wasn't going to get a good roommate. I couldn't have been more blessed. Holly was my roommate. We lived in McNulty Hall and did just about everything together, including joining Phi Sigma Sigma Sorority.

To my sorority sisters, especially Holly, we arrived here alone and began our great adventure together. Not sure of what to expect or sure of what we all wanted, we made it through even the toughest of times. During the time we spent together, we have gained new friends, confidence and the special feeling we get when we are together. It is those feelings that can never be expressed in words. My sisters are now so much stronger for we have shared so much. I look at all of you ,especially Holly and smile. You have made it all worthwhile. Love always, Brenna



Brenna Phillips (left) and Holly Normoyle(right). Holly was killed by a drunk driver on October 9 of last year.

## J&W Offers Summer Term in Belgium

by Kara Kostanich  
Staff Writer

Have you ever considered studying abroad? Does the thought of living and experiencing a new culture sound exciting to you? The Hospitality College at Johnson & Wales offers an incredible summer term abroad in Brugge, Belgium.

For many hospitality students, this is a wonderful way to gain international knowledge about the

industry as well as experience it first hand.

Nineteen Hospitality College students, including me, participated in the 13.5 credit program during the month of July. This was an educational experience that is truly irreplaceable. The curriculum focused on the culture, cuisine and the hospitality marketing techniques of Belgium.

As a leading contender for the title of Europe's most romantic town, Brugge is really one big attraction - a fairy tale mixture of gabled houses, meandering canals, narrow cobblestone streets, a busy market square and a populace that provides a warm welcome to any person, traveler or student. Brugge truly adds a new spirit to the heart.

Continued on page 4



Brugge, Belgium offers a unique experience.

## ATTENTION

There will be no classes held on Monday, October 11 and there will be classes on Friday, October 15 due to the holiday.

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# DID YOU KNOW THAT YOU ARE ATTENDING ONE OF THE LARGEST COLLEGE CAREER CONFERENCES IN THE NATION?



CAREER CONFERENCE  
JOHNSON & WALES UNIVERSITY

**19th Annual Career Conference**  
**Wednesday, October 13th**  
**Rhode Island Convention Center**

Featuring over 175 participating companies on October 13th from 8:30 a.m. to 10:30 a.m. for graduating students and from 10:30 a.m. to 2:00 p.m. for the University community.

Transportation will be provided for students to and from the Convention Center.

Sponsored by Career Development

Exciting News! Employers interviewing on-site at Career Conference!

Graduating Students don't make any plans from 2p.m. to 6p.m. Get on a company's schedule to interview!

**8:30a.m.-10:30 p.m.** All Fall and Winter graduating seniors and sophomores will be registering with the Career Development Office. One copy of an updated resume will be handed in and a registration form will be filled out. Students must sign up with employers for interviews. The employers will conduct interviews after the conference.

**10:30a.m.-2p.m.** Doors open for freshman sophomores and juniors.

**2:30-6p.m** Recruiters will be interviewing all freshman, sophomores, juniors and seniors in the rear of the convention center.

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## Fashion for 2100 scheduled for November

Be part of the Diversity and the Future 2000 initiative on campus and support cultural diversity at Johnson & Wales University. Diversity and the Future 2000 is the umbrella for an ongoing campus wide initiative that coordinates, develops and implements strategies that promote educational programs, cultural events, and social activities designed to engage students, staff, and faculty in direct interaction around issues of diversity and the community. Please join us to attend a "fashion show of the future" where cultural profiles, clothing styles, and food from the year 2100 will be featured. The fashion is being developed by several strategic marketing classes in the School of Creative Marketing.

## Diversity and the Future 2000 Fashion Show

**Tuesday, November 16**  
**7-9pm doors open at 6:30pm**

**Pepsi Forum Plantations Hall**

## JWU CRIME ALERTS

**September 21, 1999**

Providence Police responded to Renaissance Hall and confiscated marijuana, drug paraphernalia, and cash. They are continuing their investigation

**September 22, 1999**

Providence Police are investigating and assault which occurred on Narragansett Blvd.

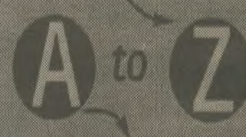
### Crime Prevention Tip

When reporting a vehicle involved in a crime, get the following information : License plate number, color, make & model, type (4dr, 2dr, station wagon, convertible, etc.) last direction of travel

## Council Travel

Student Travel from A to Z

On the journey from



A is as important as Z  
-buddhist saying

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### The Campus Herald

encourages all students, faculty, administrators, and community members to voice their opinions on topics concerning them in and outside of Johnson & Wales University. A writer can express his or her opinions in Letters to the Editor. All letters must be signed in ink or they may not be

published.

You may contact us at our offices on the 3rd floor of the Citizens Bank Center for Student Involvement or call us at (401) 598-2867, or fax us at (401) 598-1171.



# Personal Chefs Perfect Solution for People on the GO

by Linda Beaulieu

Imagine coming home from work and within 30 minutes eating linguine with red and yellow bell peppers, mushrooms and shallots in a savory white wine cream sauce, along with a mixed green salad and Parmesan bread. Sounds too good to be true, but thanks to personal chefs such as Erin Carrera and Beth Jackson, it can happen.

Carrera and Jackson are members of the United States Personal Chef Association, a growing organization that provides its members with thousands of recipes to satisfy any taste buds.

It all starts with a visit to the home in need of a personal chef. Carrera and Jackson meet with their new client, assess the kitchen situation in the home, and have the client fill out a detailed questionnaire to determine likes and dislikes when it comes to food. A personalized menu is developed, and the two personal chefs go shopping.

The next time they visit their client's home, they bring every ingredient needed, right down to the salt and pepper, as well as every kitchen gadget imaginable. Carrera and Jackson leave nothing to chance. They even bring their own paper towels, and when they are done, they take all their trash away with them.

"Some of our clients have tiny kitchens," Carrera said. "Others have typical kitchens. Once in a while, we get to work in a dream kitchen." The first thing the chefs do when they arrive is spread throw rugs all over the kitchen floor. "It makes clean-

ing up that much easier," Jackson said. Typically, the two chefs are in the home for four or five hours.



When they leave, the kitchen is probably cleaner than when they arrived, and the refrigerator is filled with two weeks worth of meals neatly packaged for their client. Half of the dishes are tucked into the freezer. Sometimes fresh bread or flowers are also left behind.

Personal chefs can customize their menus to suit any client. Some people have specific dietary restrictions that the chefs have to work around. Many request healthy gourmet meals. Others need meals that will appeal to small children as well as adults. A sample menu for the week might include the following:

In the refrigerator - Florentine Stuffed Chicken Breasts with rice pilaf on the side and a mixed green salad; and Ginger Pork-Sweet Potato Stir-Fry with jasmine rice.

In the freezer - Salmon Buried in Potatoes with broccoli florets; Classic Lasagna with stuffed zucchini and garlic bread; and Pasta with shallots, Mushrooms and Peppers with Parmesan bread.

Detailed instructions on how to serve the meals are provided. The meals are designed to reheat in minutes. Some say it's the next best thing to having your mom live next door. It sure beats pizza and Chinese takeout.

Insured and bonded, personal chefs typically charge from \$8 to \$15 per individual meal. More than 1,500 personal chefs have been trained by the United

States Association, compared with 15 in 1992. The number of clients using personal chefs has grown from 5,000 in 1994 to more than 30,000 today. It is no longer considered a personal service for the wealthy.

Carrera and Jackson are both "30-something" and new mothers. Friends from way back, they both consider the personal chef as the perfect job. They met while working long hours to open a gourmet restaurant. Juggling work and motherhood, they began to re-evaluate what was important in life. They decided to leave the restaurant world and start their own business. Together they formed the Chef Du Jour personal chef service, based in Providence, RI. This is their first business venture.

Carrera graduated from Boston University with a degree in English and worked in sales for a fresh dessert company. Jackson, who attended Johnson & Wales University's College of Culinary Arts, has been cooking since she was a child under the watchful eyes of her mother and grandmother.

Being a personal chef offers both Carrera and Jackson the flexibility needed to spend time with their growing families. Their personal chef service allows their busy clients to do the same. Having a personal chef seems to encourage busy families to eat together again. For more information on the United States Personal Chef Association, call 401-273-FOOD.

If you'd like a taste of a Chef du Jour dish, here is their recipe for linguine tossed with red and yellow bell peppers, mushrooms and shallots in a savory but light white wine cream sauce.

Continued on page 6

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1 - 12" 1 - Topping  
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1-Med. Pizza (8 Slices) with 1 Topping    2- ICY COLD SODAS and    4 Delicious Buttery Garlic Breadsticks

**\$7.99 +TAX**  
Additional Pizza \$5.99 each

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Free Delivery  
(limited area)



## Thursday Adventures

### Adventures in Newport

by Kara Kostanich  
Staff Writer

Fall in New England is one of the greatest natural spectacles in the United States, with rolling hills blanketed with brilliant reds and stunning oranges. As fall gently begins to settle in around the Northeast, so does the curiosity of a true fall adventure. Opening your eyes to the beautiful changes of autumn can lead you on a path you'll remember forever.

Last fall, Che' and I decided to turn Thursday afternoons into "Thursday Adventures." The concept of this idea was to visit a new destination in New England each week. We thought this would be a wonderful way to become familiar with our new home.

One of the greatest challenges was deciding which enticing destination was going to be our road to adventure. This was solved by placing our top five choices in a hat and simply drawing out the winner.

One of our Fall 98 favorites was Newport, Rhode Island. Newport occupies the southern tip of Aquidneck Island in Narragansett Bay, and is connected to the mainland by three bridges and a ferry.

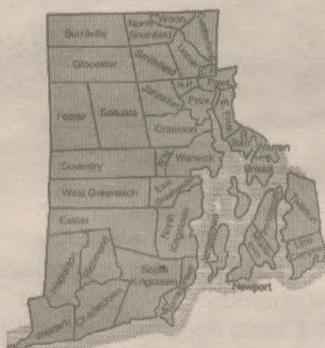
Newport has held its reputation as a sailing center since the 19th century. In 1851, the sporting schooner *America* defeated a British ship in a race around the Isle of Wight. The prize trophy became known as the America's Cup, which

remained in Newport until 1983.

Several wharves push into the bay, providing support and mooring for the flora of pleasure craft, from stubby little inboards and character boats to graceful sloops and visiting tall ships. Much of the strolling, shopping and eating is done along this waterfront and its parallel streets: America's Cup Avenue and Thames Street.

A "must do" is the Cliff Walk. This 3.5-mile path runs from Easton's Beach off Memorial Boulevard on the north to Bailey's Beach on Ocean Drive. You can enter at various points, but a good starting point is at the end of Narragansett Avenue, where you can scramble down the Forty Steps and look at the crashing surf. From there, the sometimes treacherous path twists, winds, and even tunnels, between the ocean many feet below and the backyards of the Bellevue Avenue mansions.

On Thursday afternoon grab your favorite pals and head to Newport! If transportation is a problem, keep in mind RIPTA serves Newport daily.



## Hocus Pocus: The Magic of Lyn

### Magic takes focus at opening reception

By Christopher S. Bice  
Staff Writer

Mystical! Intriguing! The Magic of Lyn kicked off Homecoming Weekend Friday night with her company of wonderworkers. The magic show followed the family reception at the Johnson & Wales Inn. The show opened with John Stetson, who performed a few warm-up acts with the crowd. He started by borrowing a cigarette from a female in the audience and explained to her that he knows a way to stop people from smoking. He took the cigarette, put it through his nose, and pulled it out through his mouth. He then replaced the cigarette in her pack.

After Stetson performed an interesting card trick by selecting a chosen card out of a pack with his tongue, the curtain fell and a storm of confetti revealed the stage in which the evening's main magical performance would begin.

Through the foreboding music, colorful lights and theatrical smoke, Lyn appeared on stage as if out of nowhere. She performed numerous magic tricks and illusions, including one that my good friend Wes Prentice was involved in. He was asked to go up on stage, was placed in head and arm restraints of a large guillotine, and locked into place. The whole time Prentice was on stage, numerous songs with a death theme played. When asked if Prentice had any last words, he proudly exclaimed that he loved Johnson & Wales. Lyn then took a large blade and placed it all the way through the device, leaving Prentice's head in tact.

The highlight of the evening was the finale, entitled "Metamorphosis." Marc LeBlanc, Lyn's assistant, was placed with handcuffs into a bag. The bag was tied shut and LeBlanc was placed into a wooden trunk that was promptly locked with four padlocks. Lyn then climbed on top of the trunk, took a large curtain that covered the box, pulled it up over her head, and LeBlanc appeared on top of the box in Lyn's place. Then upon further investigation, the audience was amazed to find Lyn in the box in place of LeBlanc.

Lyn Dillies is the number one female illusionist in the country. She began magic at the age of 16 and put on magic shows in her hometown of Westport, Massachusetts. Her main influence was Doug Henning, as well as dancers, ice skaters and singers. She yearned for the ability to perform and dance in front of others. Her dream has definitely come true.

The Campus Herald wants you!  
We are currently looking for  
writers.

Meetings are held every Monday  
at 5pm in the Citizens Bank  
Center for Student Involvement  
on the 3rd floor  
For more info. give us a call at  
x2867.

### "Summer in Belgium" Continued from page 1

We had the pleasure of being taught by Dr. Eldad Boker and Professor Fred Faria. Together they designed and presented a program unique to our surroundings. Dr. Boker taught hospitality marketing with an emphasis in the political, social, cultural, and the economic environment of Belgium. Professor Faria added his industry expertise in teaching Belgium cuisine and culture as well as other Belgium favorites such as beer and brewing and the production and history of chocolate. Our instructors laid the foundation for our experience in the classroom presenting us with material & information. Taking field visits to breweries, catering facilities, hotels and restaurants, began to build a broad picture of the international hospitality industry.

Studying abroad is a fulfilling educational experience I highly recommend to students of the Hospitality College. It's a wonderful opportunity to see first hand the excitement of international culture. For more information about the Summer Term Abroad in Belgium contact Dr. Boker at 598-4638.

## WHO IS YOUR SPIRIT WARRIOR?

The first article in a series dedicated to the Diversity and the Future 2000 Initiative

by Ricardo Pitts-Wiley

I first began working on "The Spirit Warrior's Dream" in 1987. In the beginning, I wanted to explore the relationship men and women had with music and what would happen if it were taken away from them. I believed that music was human beings link to their dreams, their will power and their spirit. I created a Spirit Warrior character would do battle with a Dreamkiller for people to keep the music of their lives and to determine his own destiny. That first effort, although interesting and entertaining, ultimately was only a springboard for what would be a 12-year adventure for my music writing partner Rover Schleeter and myself.

All drama must have some conflict. It can take the form of good versus evil, love versus hate, person against person and so on. Over the past 12 years the conflicts and the character in "The Spirit Warrior's Dream" have changed and so have I. In those years I have watched my two sons grow up. Although their mother, Bernadet and I raised them with a knowledge and respect for their African American heritage, we also realized we had to teach them to project themselves into a future that was going to be very different than the world in which she and I had grown up. Although "Spirit Warrior" had always been set in the American

future, the questions about what that future might be like became more important as Bernadet and I continued to work on the play.

Over the years the songs changed many times. New material was written, then discarded. The principal characters became younger. The problems of racism, sexism and economic disparity gave way to more pressing concerns of survival. The play began to ask questions such as in a world of chaos, violence and confusion what should save human beings from destroying themselves? It asked: How will the roles of men and women be different in the future? Will love survive and will it matter? Will we still believe in the power of things not seen? Would we be willing to trade a life of memories, many of them painful, to move in to the future with a clean state of mind?

In those years, I was also challenged to look again at the role the performing arts have played in changing America and the world. One of the reasons Johnson & Wales University is doing this play at this time is to find some non-traditional ways of addressing diversity issues. The play affords the students an opportunity to develop and sharpen skills but also to meet new people who are working to achieve a collective goal. It also provides a forum for the discussion for the problems we face today and the ones we may face tomorrow.

I invite the entire University to join us on the continuing journey toward the future.

**The Spirit Warrior's Dream**

Popul Forum November 11th - 14th  
Gen. Adm. \$10. Students \$5. For reservations call 598-4779

A Diversity And The Future 2000 Initiative from Johnson Wales University's Office Of Campus Diversity.

Present this at the box office and save \$1.00/off admission with an Advance Reservation.

PLEASE RESPOND TO THIS QUESTION: A Spirit Warrior is a person, place or thing that you trust unconditionally to protect your spirit. Who or what is your Spirit Warrior?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

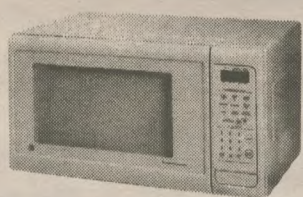
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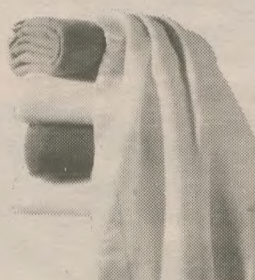
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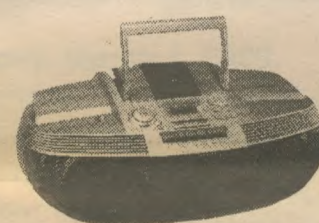
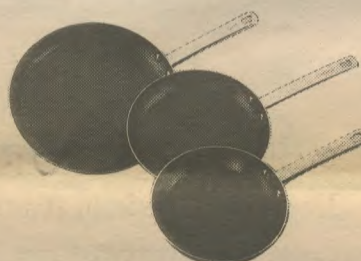
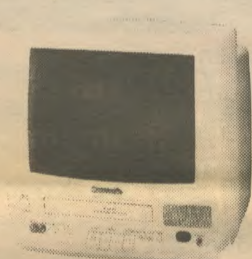




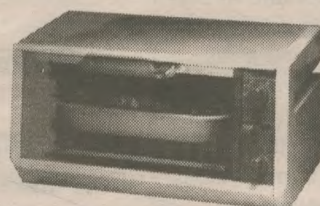
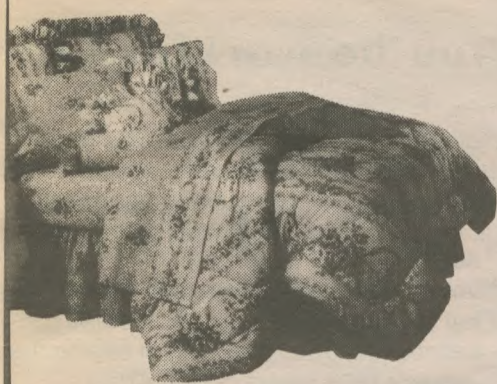
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\*Limited to certain products that meet UPS size & weight requirements. Free delivery to RI & MA only on purchases over \$25. Certain products excluded. See our web site for details. Expires Oct. 7, 1999.



**"Personal Chefs Perfect Solution for People on the Go"**  
Continued from page 3

**Pasta with Peppers, Mushrooms and Shallots**

(4 Servings)

1/4 cup olive oil

2 large red bell peppers, cut into thin strips

2 large yellow bell peppers, cut into thin strips

7 shallots, sliced thin

1 pound mushrooms, sliced

1/2 cup dry white wine

3 cups chicken broth

1 cup heavy cream

2 tablespoons roux (see chef's notes below)

Salt and pepper to taste

1 pound linguine

2 tablespoons fresh parsley, minced

1 cup grated Parmesan cheese

In large skillet, heat the olive oil over medium heat. Add the peppers, shallots and mushrooms. Cook until vegetables begin to brown slightly on the edges. Add the wine, chicken broth and heavy cream. Simmer for 10 minutes. Add the 1 teaspoon roux at a time, cooking for 5 minutes after each addition until the sauce is sufficiently thickened. Note: You may not need to use all of the roux. Season to taste with salt and pepper. Sprinkle with parsley. Allow to cool. Refrigerate or freeze until needed.

To serve: Thaw if the sauce is frozen. Cook the linguine in boiling, salted water until tender, then drain. Heat the sauce in the microwave until hot throughout. Stir the sauce to distribute the heat evenly. Toss the pasta with the sauce. Serve with a tossed green salad and Italian bread.

Chef's note: A roux is a mixture of melted fat (pan drippings, butter or other fat) and flour. It is important to cook the flour in the fat for several minutes to remove its raw pasty taste. Two tablespoons of flour will thicken one cup of liquid; 1 tablespoon makes a thin sauce, and 3 tablespoons a thick sauce. If the liquid is hot and you stir well, you will not have trouble with lumping.

## Faculty Demonstrates Culinary Techniques for Homecoming

by Ian Zubowicz  
Staff Writer

Homecoming is the time for families to come and see their grown up children and to enjoy many activities. On October 2, there were several wonderful things happening. One of the most enjoyable activities for the entire family was the Faculty Demonstrations held at the David Friedman Center on the Harborside Campus. This is the time for parents, brothers, sisters and the rest of the family to see what kind of gourmet dinners and delicious treats that are produced at the University. There were many culinary instructors volunteering their time to put this exciting tour on. There was everything from Garde Manger (Cold Foods) with Chef John Auckstolis to Oriental Cuisine with Chef Hector Lipa and Sugar Artistry with Chef Jean-Luc Derron and Bread Production with Chef Victor Calise.

I talked with a couple of the chefs during my tour of the Friedman Center. The first instructor I spoke to was Chef Gary Welling. Welling, an instructor of Hot and Cold Dessert Presentation, has been with the school for 11 years. When asked if the Faculty Demonstration was worth the effort he replied "Definitely."

"Besides from the Admissions Tours given, this is the chance for parents to see what their child has done and what is going on in the International Baking and Pastry Institute", Welling said.

Another chef, Chef Kenneth Wallenburg, was also on hand to present his skills. Wallenburg stated "parents are blown away at the things done and there have been so many positive comments from everyone who took the tour."

Everyone in the Friedman Center seemed to be enjoying him or herself tremendously. From the parents, to younger and older brothers and sisters to Grandparents and Aunts and Uncles, everyone was amazed at the things done and how they were produced and tasted.



The Office of Student Life would like to send a special thanks to the following for making Homecoming & Family Weekend '99 a success.

Dave Roser

Student Life Student Assistants

Student Life Workstudys

Patty Cross

Culinary Storeroom

Business & Hospitality College Faculty

College of Culinary Arts Faculty

Alumni Association

Reginald Dow

Dennis Sterlacci

Delta Phi Epsilon

Phi Beta Sigma

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Tau Epsilon Phi

Tourism Major Students

Teaching Assistants

LATIN CORNER  
LATIN CORNER

LATIN CORNER

l a t i n c o r n e r

## What role does diversity play in your life?

by Rosaura Suarez

As technology evolves, diversity is a very important part of our life in all its aspects, work and play. Today, you must be able to work cooperatively as a team player with people who may be culturally different than you are. Subsequently, it will be essential that you develop an appreciation for diversity.

Now, in your college experience, you should take advantage of opportunities to interact with people of different backgrounds. In developing a positive approach to diversity, you must first assess what makes you a unique individual? What are your values in relationship to your family, your education, and your career? This self-assessment is necessary in order for you to be able to identify cultural differences when you encounter them. If you can understand the basis for your own points of view, you will better appreciate the context that other people have for their values, goals and behaviors.

Diversity presents new options for you to consider in prob-

lem solving both at work and at play. In a diverse setting, you will uncover that there is more than one right solution to a problem, from which each will reflect the culture and values of a person with a different worldview. Appreciation of diversity will give you greater insight and innovative ways to approach various situations.

The issue of cultivating a positive attitude toward diversity is a matter of national survival. We are faced with the challenge of working together. This challenge encourages each of us to take the advantage of opportunities to promote and participate in a discovery process that will help define and preserve dignity. In order for us to perform competitively in a global community that is becoming increasingly technical and scientific, we must build a system that unites different people in a common pursuit of goals.

I really encourage you to make the most out of your college days. Visit the multicultural center, join the ethnic international and cultural clubs, take time to learn about others; it is a complementary step to defining yourself and the role you will play in a diverse world.

## Latino! Where will you be working?

by Eva Pena

As the number of Hispanics grow in the workforce, today the total purchasing power of Hispanics is estimated at \$360 billion (HISPANIC Magazine), and corporate America has taken notice.

Every January HISPANIC Magazine presents the HISPANIC Corporate 100. This list provides the top 100 companies that recruit large numbers

of Hispanics. These corporations recruit with a tremendous focus on workforce diversity, while setting aside legal quotas.

It is not too early to start on the search for your future employer. Below you will find a small listing of some of the top 25 recruitment programs benefiting Latinos. For more information refer to the January 1999 issues of HISPANIC.

AT&T  
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William F. Reina



## Etruria International Cooking School Presents "A Culinary Retreat" in Gubbio, Italy

**DON'T PASS UP THIS OPPORTUNITY!!** You may spend your spring break in Cancun, perhaps to learn the process of brewing beer. Or for the serious aspiring Chef, join Emmy Award-winning culinary historian, Chef Walter Potenza, in Gubbio, Italy. Immerse yourself into the gastronomic philosophy of regional Italy for a week of seminars, gastronomic excursions, and exposure to the birthplace of gastronomy. Meet professional chefs, sommeliers, world renowned wine makers and hoteliers from Telais & chateaux establishments.



# MARCH 2000

### Monday, February 28, 2000 Arrival in Rome, Italy

Meet staff of Etruria at Leonardo Da Vinci Airport in Rome at noon. Departure for Gubbio at 1:30 p.m., arrival approx. 4:30 p.m. Check in, registration, and welcome buffet with cocktails and a presentation. Dinner at Award winning restaurant, "La Taverna del Lupo".

### Tuesday, February 29, 2000

Continental breakfast at Caffè Ducale at 8:30 a.m. Excursion for Torre Matigge, near Assisi. Visit Oleificio Trevi, one of the most sophisticated olive oil producers in central Italy. Demonstration and sampling of the fine extra virgin olive oils. Lunch at one of the areas finest restaurants. Return to Gubbio at 4 pm. Evening class on Risotti, its applications and varieties, as well as an historical seminar on the famous grain. Dinner at Etruria's premises, based on Risotti.

### Wednesday, March 1, 2000

Continental breakfast at Caffè Ducale at 8:30 am. Excursion to the Torgiano Wine Museum, home of the world famous Lungarotti wines. Tour of the facilities and a historical seminar on Umbrian wines. Lunch at area restaurants. Return to Gubbio at 4 p.m. Evening class on the regional "Cucina of Umbria" presented by local chefs and members of Italcuochi (the largest Chefs Association in Italy). Learn the regional differences and the historical birthplace of TerraCotta cookery, invented by the Etruscans.

### Thursday, March 2, 2000

Continental breakfast at Caffè Ducale at 8:30 am. Excursion to the "Spigadoro" pasta factory. Visit the facilities and seminar on the art of making dry pasta. Historical presentation on the birthplace of pasta. Lunch at area restaurant. Return to Gubbio at 4 pm. Evening class on fresh pasta and sauces, explore the difference between fresh and dry pasta, the varieties of flours and learn to make five of the most important sauces in the Italian repertoire. Dinner at Etruria's premises based on pasta and sauces.

### Friday, March 3, 2000

Continental breakfast at Caffè Ducale at 8:30 am. Excursion to "Caseificio Maggiore" in nearby Scheggia. Learn the art of cheese-making with a presentation on the local treasure "Formaggio di Fossa," literally cheese from the caves. Lunch at area Trattoria, with return to Gubbio at 4 pm. Evening class on truffles, with special intervention of Master Tarytufaro, Fausto Bartolini, Italy's leading expert on Truffle farming and production. Also a special presentation on bread, pizza, focacce and sweet dough. Dinner based on truffles and different country breads from the area.

### Saturday, March 4, 2000

Continental breakfast at Caffè Ducale at 8 am. Departure for the region of Marche in the Adriatic coast. The day is dedicated to the coastal cuisine of the sea. Lunch at Fotino Napoleonico in Portonovo, for a demonstration on seafood by Master Gourmand/Sommelier, consultant for the Hospitality Industry in Italy. Lunch at the Fortress, with a free afternoon. Evening seminar on the culture, cuisine, and history of the Italian gastronomy with the participation of local chefs and celebrities. Presentation of "Certificate of Participation" from Etruria International. Return to Gubbio at 11 p.m.

### Sunday, March 5, 2000

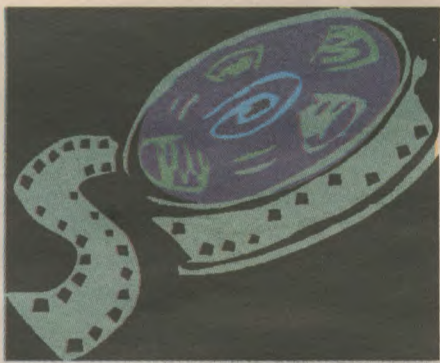
Continental breakfast at 5 a.m. Departure for Rome at 6 a.m.

**Price**  
\$1,650.00/per person  
Class size limited to 20  
call Jill Conklin- N4 Program  
(401) 2 73-2652

**The price includes:**

Accommodations at Villa Tognoloni, a lovely farm house outside the town of Gubbio, (4 guests per apartment). All transportation, meals, curriculum. Deposit of \$500 required by December 15, 1999. Cancellation for full refund 60 days prior to departure.





# Inside Providence !!!

## REVIEW

### "Enema of the State"-BLiNK 182

by J. Chariez  
Art & Entertainment Co-Editor

This time, the super-poppy, California punk band Blink 182, came through with a record so full of hits that it can't fail to make the young band mainstream superstars. Band members, Mark Hoppus, Tom Delonge and Travis Barker finally released their long awaited follow up to 1997's "Dude Ranch"(MCA) with "Enema of the State"(MCA). It was released late last spring, just in time to slip itself into the summer of 99s arsenal of hot music. With their first video off of the new album called "What's My Age Again", they made that all so crucial MTV break by running butt naked through a busy metropolitan area. I guess MTV felt that anyone with enough moxy to do that deserved a lot of air time, which they got. They also released a single called "Mutt", which happens to be one of my personal favorites, on one of the summer's most successful movies, "American Pie". They even made a cameo appearance in it along with a comical little monkey. Their latest single/video, which is again heavily supported by MTV, is called "All the Small Things". At first I thought this to be an unlikely song to put out, considering the amount of other songs on the CD that have the potential to be mega-hits. Then when I saw the hilarious new video in its full glory, I totally understood why they went the way they did. The video is a parody of all of the big teenybopper band video's. Blink shamelessly makes fun of artists like Britney Spears and The Backstreet Boys to the point where you can't help but laugh. Aside from the comedic draw of the video,



the song itself is extremely catchy and is the perfect balladesque song to get the band mass radio exposure.

Some hardcore, old-school punk fans might say that Blink like many other bands, including The Offspring and Rancid, is doing the wrong thing by "selling out" to the rapidly growing MTV commercial sub-culture. I say Blink is doing exactly what they need to do. If they had five million

fans before this new record, they are bound to have fifteen million more after it has ran its course. These old-school fans have to realize that as much as they love their tight scene and feel that they are the only true fans, they have to let the band seek out more fans to enjoy their music.

After all, that is essentially what making music is all about. If they didn't broaden their horizons they would be doing themselves and all of their potential fans a great injustice.

Besides the fact that the new record has some sweet video's and features a drop dead gorgeous adult actress, "Janine", on the cover, it's packed full of high intensity punk rock songs. The record is crawling with phenomenal drum fills, ear pleasing harmonies and the catchiest hooks ever. Listening to the whole album through, takes you on a trip through your high flying high school and college days with songs like "Going Away to College" and "The Party Song". It's easy to listen to this record from track one to twelve straight through and not want to skip one song. If you're in to some really upbeat, feel good music to just rock out to, I highly recommend Blink 182's "Enema of the State".

## A Career Cut Short

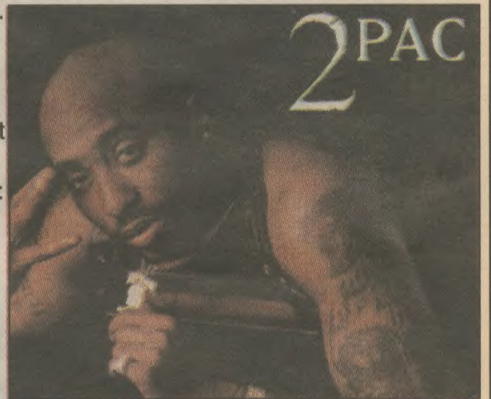
by Heather Goode  
Staff Writer

When September thirteenth passed it was hard to believe that not just one but three years have gone by without the existence of Tupac Shakur on this earth.

When Tupac died in 1996, he didn't need an obituary. He lived his life like his lyrics, one song that became popular upon his death was "If I Die Tonight": "I'll live eternal/Who shall I fear/Don't shed a tear for me/I ain't happy here. It seemed that Tupac could also foreshadow his destiny with his tattoos which said "Only God can judge me" and "Laugh now, cry later".

There isn't anything to laugh at being twenty five years old and being killed in a senseless crime. Owner of Vibe Magazine Quincy Jones said "There is nothing more tragic than a life cut short - one that has not been allowed to bloom to it's fullest potential." This statement completely reflects the life of Tupac Shakur.

Two weeks before his death in Las Vegas, in an in-depth interview with writer Kevin Powell, Tupac Shakur was asked was he where he wanted to be in his career, Tupac stated "I'm at a point where I'm in charge. I don't have to answer to anybody; I'm in total control." What Tupac Shakur didn't have control over was his length of years which were cut short. RIP Tupac.



## OUTSIDE

Rhode Island's ballet theatre continues its tradition of family entertainment on October 10 at Rhode Island College. The performance includes a traditional ballet set to Irish melodies, Celtic reflections, as well as a contemporary dance called Ballerinas on Broadway. The exciting finish combines real magic, swordfighting and dance in the telling of the story of Merlin in "Merlin's Magic."

"Merlin's Magic" also features several local magicians performing magic onstage. They include Joseph Botelho, Rory Raven (narrator and older Merlin) and Matt Roberts (younger Merlin). They were excited to work on a project about Merlin, and intrigued by the incorporation of magic into a ballet.

Another group supporting "Merlin's Magic" are swordfighters from the Society for Creative Anachronism (SCA). SCA is an international organization dedicated to the study and recreation of the European Middle Ages. SCA's "Known World" is divided into 14 kingdoms, which are further subdivided into smaller groups called baronies, shires and cantons. Rhode Island is known as the Barony of the Bridge. Members enjoy all facets of medieval recreation, including cooking, dancing, combat, costuming, needlework, and other skills known to people in the Middle Ages. Knights from the SCA actually compete in combat tournaments. The combatants used in "Merlin's Magic" are wearing equipment and using the weapons they normally use in competition.

Artistic Director, Nancy McAuliffe, feels that they variety of dance in the show and the unusual incorporation of magic and swordfighting will appeal to a wider audience.

Showtime is 7:30 at Roberts Hall Auditorium at Rhode Island College on October 10. Reserve seating tickets are \$15 and are also available at the door. Information can be obtained by calling 401-847-5301. Additional information about the Ballet Company in general can be found on the web at [www.riballet.org](http://www.riballet.org).



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# Inside Providence !!!

## CONCERT

### THE JETS ARE TAKING OFF

by J. Chariez  
Art & Entertainment Co-Editor

All right, I know the section is called Inside Providence, but sometimes there's things you just can't get here so I'm going to talk about an amazing experience that I had to venture to nearby Boston to have. On Wednesday, September 22 I was one of the 150 people privileged with the opportunity to see Jets to Brazil live in concert. This deeply underground indie-rock band caters mainly to college kids, music industry people and the proud few lucky enough to hear about them. On average they play about 25 shows a year in select parts of the country. Seeing as they have a large underground following, it is a rare treat to actually get a ticket to the show, but I got one and boy am I glad I did!

For a little background, JTB consists of rock veterans Jeremy Chatelain, Chris Daly and the enormously accomplished lyricist Blake Schwartzenbach. All of the members used to be in other well known cult bands including Texas is the Reason and Jawbreaker. Between 1995 and 1997 their old bands had broken up and for the most part, they dropped out of sight. In 1998 they re-emerged with a new band and "Orange Rhyming Dictionary" (Jade Tree) which could easily be classified as one of the best albums of the 90s. Having previously listened to their old bands, I was well aware of their capabilities, but when I finally heard the album for the first time I was completely blown away. I must have listened to it about three times in a row before I decided to give it a break.

At first I thought maybe I was over rating it but I soon came to find out that everybody else who bought the record reacted pretty much the same way. It climbed to the top of the CMJ (College Music Journal) charts within the first week of its release. Suddenly JTB was all of the rage. Disappointingly, they decided to be completely underground and restrain from going on a full-scale tour, opting to play special shows at select venues and dates. In the long run, it turned out to be kind of cool because going to a show at the usually tiny venues they chose to play at

was like being part of a very special and unique event.

Anyway, this time they decided to play at a very small yet popular club in the back alleys of Boston called TT the Bears. They were scheduled to go on at 9:15p.m. and my friends and I arrived at about 9:20. It was perfect! I walked into a sea of people surrounded by a wall of noise. The club was of course, dimly lit and incredibly smoky; just what you'd expect of a rock and roll show. The weird part was that everybody there was different. I don't mean that they were freaks or anything. There was just such a wide array of people in there; myself and company included. There was no particular scene or defining style, age group or race. It was just a room full of people who were psyched because they were about to see a great rock & roll show. Instantly, I felt a strong vibe and it was good. Everybody in that room knew something amazing was about to happen.

We arrived at just the right time. They took the stage about five minutes after we got there. Needless to say they received an extremely warm welcome from the crowd. I was fortunate enough to plant myself in a good spot allowing me to get a good view of the lanky front man Blake and the bassist Jeremy. Without more than two minutes delay they went right to work. They opened with track one on the CD, "Crown of the Valley", and the crowd was overjoyed.

They were everything everybody hoped they would be and even more. They played five previously unreleased songs which were completely up to par, considering the high standard they had set with their other songs. They maintained a catchy pop-rock sound while still tackling the most serious of issues with their lyrics. That was very cool considering that a room full of people could pogo to a song that chants about the ills of terrorism. Aside from the fact that there was no specific genre there, this was unlike any other show I had ever been to in that when they played, everyone shut up and listened. This became the most prevalent when what I feel was the peak of

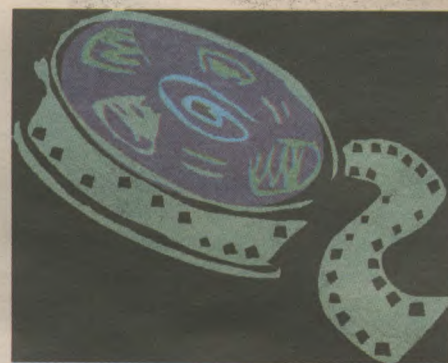
the show occurred. Towards the end of the set, they played their heart-tugging ballad called "Sweet Avenue". When they played this, the entire muggy, smokefilled dungeon of a venue was completely silent. Even the people way in the back at the bar who were pretty rowdy most of the night didn't murmur a word. Fans were so in awe, that no sound came off of anybody's lips as we all mouthed the soft

yet powerful lyrics. There was this intense feeling of unison throughout the room. As goosebumps began to overcome the audience, we just observed the pain and raw emotion in the captivating presence of the singer as he

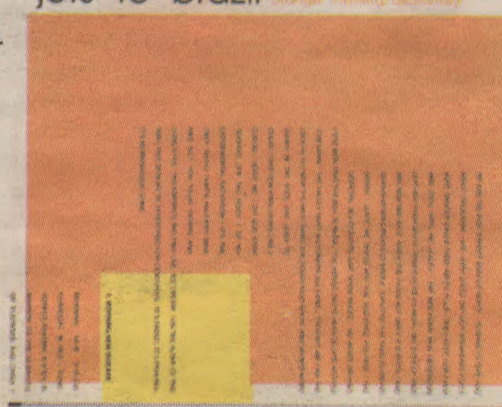
delivered his words.

After the end of the set, the crowd cheered them back out for the three-song encore which included another new song completing the five. In the end everybody was happy. The fans got the incredible show that they wanted and the band got the love and respect that they worked for. Before the night was out, we managed to get some info on upcoming releases. The band said that they are going to record the new record including the five new tracks, in the winter (due for release in the spring of 2000). Hopefully, they will tour heavily to support it. If they do, try to catch them.

If you haven't heard the record, do so. If you do, I recommend that you take the time to listen to it the whole way through. The message may be hard to grasp at certain points but if you are a true lover of genuinely good music and poetic lyrics, I guarantee you won't be disappointed.



#### jets to brazil



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# G R E E K

## notes & news

### COMMUNITY

The sisters of Alpha Sigma Tau would like to thank all of the girls that came out to our Fall Rush 1999!!! We had a great time with all of you! A special thanks to all the sisters for their hard work and effort...it paid off! Thanks to the brothers of Alpha Tau Omega for a wonderful social, we'll have to do it again soon. Look out for our Jump Rope for Heart fundraising soon! Congratulations to all our sisters elected into new positions.

**President Lacey Zeppieri**  
**Vice President Carla Moule**  
**Treasurer Mandy Ogilvie**  
**Secretary Isabel Salven**

We would also like to say Happy Birthday to all of our September babies... Heather Borden, Diana Zaleski, and Maureen Slattery.

The brothers of the notorious Alpha Alpha Tau chapter of the Almighty Phi Beta Sigma Fraternity Incorporated would like to thank everyone that supported and helped make our Welcome Back to School Jam a success. We would also like to extend our gratitude to everyone that helped us with the Papa Gino's event. Thanks and keep an open eye out for upcoming events as "Our Cause Speeds on Its Way".

The sisters of Delta Phi Epsilon would like to thank all the girls who came out for Rush. GOOD LUCK!! A big THANKS goes out to Sisters Kathy Brown and Jessica Boxer for all your time and effort that you put forth during Rush week. You did a great job.

To those Hawaiian Hula brothers of Sigma Pi We had a great time at the social and you guys looked great in those grass skirts!! We can't wait to get together again soon.

Thanks goes out to all of our sisters and all the brothers of Sigma Pi who worked at Papa Gino's with us. All together we made the fundraiser a complete success.

We would like to wish Sister Jennifer Goldman a Happy Birthday!!

To Sister Rebecca Shapiro, we would like to thank you for planning such an eventful alumni weekend! It was great getting together and spending quality time together.

**See U Later Deepers!**

The brothers of Phi Kappa Sigma would like to extend a warm welcome to the incoming class and wish them the best of luck in their years to come. Also, we moved this year to a different location in Providence. The house is now located at 49-51 Carrington St., still on the East Side. Come by and visit.

#### EARN FREE TRIPS AND CASH !!!

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#### Attention All Clubs & Organization Advisors

Your invited to attend a Chat & Chew social held on Wednesday, October 13, 1999, 5pm at the Junior Achievement Building 3rd floor. The focus of this social is to review the role of the advisor, meet other advisors and to assist with communication between the advisor and the Student Life staff.

For more information, please contact  
**Barbara Tunstall at 598-1195.**

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The Sisters of Sigma Delta Tau hope everyone is adjusting well to the new school year. We first want to congratulate all the chairs that were voted into a position at our first formal meeting of the year. We also want to thank ATO for a fun social on Friday, Sept. 24. We all had a great time. Congratulations to Marie Selenski and Jenny Durring for being the Beruit Champions at the Social. We also hope everyone's informal rush went well and congratulations to all the new members - you're going to have the time of your life.

- Happy Birthday to Lauren Myerson and Sophie Clay!!

The Brothers of Tau Epsilon Phi would first like to congratulate Brother Lionheart on being elected to the position of Sargent of Arms for IFC. We wish you the best of luck in your new position. On a lighter note we send out another congratulations to Brother Janus and Brother Miles, on finally getting some new furniture. Oh yes, we also thank Brother Newborn for moving in with them and bringing that furniture. And now a message about Rush...

You have done well up to this point, but some of you are still unsure of yourselves. That will soon change. Your second mission is about to begin. You have hung out with us, you may even know who we are. Now it is time to get serious. Your next mission is to come to the house on October 26 for a whole night of Rush activities. This is the big day. Transportation will be provided at Xavier Courtyard at 7p.m. Call 351-5140 for more info. Remember you have done well so far, but now the time has come to take the next step. Be strong, be tough, Rush TEP.

## Booming Latina Sororities Have a Rich History

by Danielle Johnson  
 Contributor

There is a rich history behind the origin of sororities. They have existed for more than 200 years. Since the time females have attended college in the 1800s, there have been sororities. The African Americans began their sororities in the 1900s. The first ever Latina sorority was established in 1979, Lambda Theta Alpha, at Kean University in Union, New Jersey. Since then they have grown across the nation.

Due to the tremendous increase in Latinas attending colleges and universities, more sororities have begun. It is estimated that Latina sororities have tripled in the last decade to thirty and fifty chapters nation wide. This increase has allowed the Latino community to come together on and off campus, giving them an opportunity to speak and be among their peers.

These sororities have primarily been founded to provide a sense of family and community for Latino students. They uphold the belief and importance of education and community service. The Latina sororities also help fellow Latinas deal with the everyday challenge of dealing with cultural problems and they help educate them through various activities or functions. These sororities exceed the expectations and go above and beyond the norm of traditional sororities. Johnson & Wales is home to three growing Latina sororities.



# WHAT'S GOING ON ???

## Thursday, October 7

National Depression Screening Day 10 a.m.-3 p.m. @WCC  
 "Austin Powers" double feature 9 p.m. @ Rec.  
 Center 2nd floor

## Sunday, October 10

Catholic Mass noon @ Xavier Chapel  
 "Austin Powers" double feature 2 p.m. @ Rec. Center 2nd floor  
 UIB Meeting 5 p.m. @ Rec. Center 2nd floor  
 Gospel Brunch (Groove Phi Groove) contact Darien Smith @272-8882

## Monday, October 11

### No School

Columbus Day Cookout w/Coat Guard Academy 11 a.m. Lincoln Woods  
 State Park (CSF)-x2445 for a ride  
 Swing & Latin Dance Classes 7-9 p.m. @ Rec. Center  
 (cost: \$1.99)

## Tuesday, October 12

"J" WOO Commuter Connections 10:30 a.m.-12:30 p.m. @ Chestnuts &  
 Cafe Commons  
 Groove Phi Groove Informational Meeting 5 p.m. @ CBCSI  
 L.A.C. Taste of Culture 6pm @ MCC  
 Tuesday Night Truth 8 p.m. @ Rec. Center 2nd floor (CSF)  
**Happy Founders Day to Groove Phi Groove S.F.I.!**

## Wednesday, October 13

### Career Day- RI Convention Center

"Note Taking" Workshop 1:50-3:55 p.m. @WCC  
 L.A.C. Latino Discussion Panel 6 p.m. @ MCC  
 Bowling & Billiards 7-9 p.m. @ Rec. Center (cost: \$1.99)  
 Advisor Chat & Chew 5-6 p.m. JA Building

## Friday, October 15

### CLASSES HELD TODAY

Hillel 5 p.m. @ CBCSI  
 Bowling Trip (Groove Phi Groove) 7-10 p.m. meet at Chestnuts (contact  
 Darien Smith for more info. 272-8882)

## Saturday, October 16

Sailing Club 9:30 a.m. @ Boston College  
 Black & White Invitational Basketball Tournament (Groove Phi  
 Groove)@Rec. Center (contact Darien Smith for more info. @ 272-8882)

## Sunday, October 17

Catholic Mass noon @ Xavier Chapel  
 UIB Meeting 5 p.m. @ Rec. Center 2nd floor

## Monday, October 18

Society of Hosteurs Meeting 5pm @Xavier Room 126  
 FBLA-PBL Meeting 6 p.m. @MCC  
 DECA Meeting 6:30 p.m. @ JA Building 3rd floor  
 Swing & Latin Dance Classes 7-9 p.m. @ Rec. Center  
 (cost \$1.99)

## Tuesday, October 19

"J" WOO Commuter Connections 10:30 a.m.-12:30 p.m. @ Chestnuts &  
 Cafe Commons  
 Beach Volleyball 7-9 p.m. @ Rec. Center (cost:\$1.99)  
 Tuesday Night Truth 8 p.m. @ Rec. Center 2nd floor (CSF)  
**Happy Founders Day to Tau Epsilon Phi!**

## Wednesday, October 20

"Test Taking Strategies Workshop" 1:50-3:55 p.m. @ WCC  
 L.A.C. Meeting 6 p.m. @ MCC  
 Bowling & Billiards 7-9 p.m. @ Rec. Center (cost: \$1.99)  
 "Poetic Mist"/ Open MIC 6-9 p.m @ MCC (Harambee & NSMH)  
**Campus Herald Released**

by Ebba Kallfelt  
 President JWU Sailing Club

At 6:46 a.m. Sunday the September 26, we left Providence and headed to Yale University's clubhouse in beautiful Branford, CT. The Yale clubhouse is located right by the water with a great view over the Long Island Sound.

The Long Island sound is well known for its irrational winds and fast changing conditions, therefore it was with respect we entered the clubhouse area and started checking out the boats. 24 brand new, white and shiny Vanguard 420's sat there waiting for us in the sun.



Our A division consisted of skipper Peter Jonson and crew Daile Lanz, the B division of skipper Malin Lindgren and crew Ebba Kallfelt. Signing up for our boats we turned out with what we hoped was going to be lucky numbers: 5 and 18.

There were eight schools on the roster, but with some dropouts and list minute signups we ended up being 10 schools and 20 teams heading out for the first start. The track was a triangle windward - lee-ward and all 20 of us started in the same time. The water was calm at the beginning and a light breeze of 10 mph made a few waves.

It took us all awhile to get out to the starting line in the light wind, but as soon as everybody was in the near proximity the coordinator blew the whistle for a three minute start, with the one-minute rule counting after the first general recall. The J&W tams started off softly but in the second race we couldn't hold back anymore and made second at the first round up, ending the race at fourth place. The morning continued in the same way for five races, and at the end of the fifth race the sea breeze started to kick in and created a slight chop.

After lunch there were three more races. Most teams were getting a bit feisty now and the crowding at the tight roundup's created some of the usual shouting. Punishments were noted frequently and mostly taken by the guilty party. As there was no waving the red flags, the guilty boats made their circles with in a leg's length.

We had a wonderful day: the sun was shining; it was 75 degrees, and there was a mild breeze all day. Some skippers even decided to take a swim, although our team members waited until the last race was finished, other teams (such as Boston College) decided to dump unwanted weight on the last upwind leg of race five. The BC skipper quickly climbed back up in the boat amazingly enough still pointing well.

If you are interested in the sailing team or have any questions, please contact us at [jwusailingclub@hotmail.com](mailto:jwusailingclub@hotmail.com) or leave a message in our mailbox at student life.

\* For the Sailing Clubs Fall Racing Schedule turn to page 15

## SEND YOUR

## QUESTIONS,

## COMMENTS,

## CONCERNS TO:

[campusherald@jwu.edu](mailto:campusherald@jwu.edu)

## THE KEY

CBSCI	Citizens Bank Center for Student Involvement
CSF	Christian Student Fellowship
FB	Fall Baseball
JA	Junior Achievement
NPHC	National Pan-Hellenic Council
MCC	Multicultural Center
MS	Mens Soccer
SL	Student Life
U-Hall	University Hall
WS	Women's Soccer
WT	Women's Tennis
WV	Women's Volleyball

## Student Workshops Offered

Wednesday Oct. 6

"Time Management"

7:45 p.m. HAC Library

Period 6 1:50 p.m.

Period 7 3 p.m.

Womens Concern Center

Wednesday, Oct. 13

"Notetaking Assistance"

7:45 p.m HAC Library

Period 6 1:50 p.m.

Period 7 3 p.m.

Womens Concern Center

Wednesday, Oct. 20

"Test-Taking Strategies"

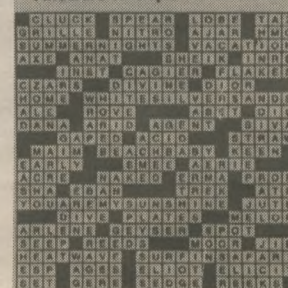
7:45 pm HAC Library

Period 6 1:50pm

Period 7 3 p.m.

Womens Concern Center

## Answers to Super Crossword





# Editorial & Opinions

## STUDENTS SPEAK

Q.How would you deal with a rotten roommate?



"I would talk to them about the problem. If the problem wouldn't go away (the roommate) I would talk with the RA to have them removed."

**Derek Formento**  
Sophomore



"I would talk to my roommate on what is and what is not acceptable from the both of us."

**Eva Pena**  
Senior



"I usually deal with it myself first. If that doesn't work for a pesky roommate, which it usually does, then I try to force them out."

**George Phillips**  
Junior



"I would talk to her about the problem. And if she still gets on my nerves I would ask her to move out or I'll move out."

**Dina Savann**  
Freshman



"I would just ignore them"

**Chris DeMartino**  
Senior



"I would talk to my roommate about the situation. If I continue to have a problem I would tell the RA to kick them"

**Selena Child**  
Sophomore

## Let s Stop The Hate

by Matthew McIntyre  
Staff Writer

As I have grown up, I've noticed that I have grown away from being taken care of by my parents. During this process I learned to take care of myself with the help of my friends and family. The older I got the more I stayed with my friends. The people I grew up with were very much into fashion. We kept up with the trends, wore all of the name brand clothes like Mecca, Eddie Bauer, Gap Pepe, DKNY, Avirex, Timberland etc. We had most of the latest footwear. We bought these clothes because we liked the way we looked in them. We were having fun while at the same time looking good.

Now it seems that we can still look good, but not have fun. Many people seem to be jealous or envious of our styles. Some may call it being paranoid, but it is nothing like that. The fact of the matter is that some people can't stand to see other people moving up while they go nowhere. Why must it be like this? Why can't everyone just appreciate the fact that some people like to have fun, feel good and look good? I myself, feel that having competition is healthy and it helps us to improve on what we THINK we do best.

In today's society we have people called "haters." These "haters" do not hate racially, these "haters" just don't like to see people doing better than they themselves are doing. Isn't it funny how "haters" even hate on each other. Ridiculous, I know. We each know a "hater". If we all came together and each of us told one "hater" to stop "hating", I believe that we could get rid of these "haters". I don't ask much but all I want is for everyone to stop hating on one another.

## We are Family!

Family weekend prompts reflection.

by Ryan Ford  
Adv./Bus. Manager

The dictionary definition of family is persons living in one house; a group of individuals comprising of immediate kin from parents to children. Does this definition sum up all of the emotions, feelings and events we encounter with our families? All family structures are set up differently based on age, culture and area they reside. Think what family means directly to you. Would the definition suite your feelings on family?

Family can consist of friends, pets, peers or educators. Anyone who evokes love and compassion from you could be considered your extended family. They could understand you in the same magnitude as your parents. When you are home under the supervision of parents you want to break free and become independent. Now that we are free or independent we relish the thought of going back and having the "comfort zone" again. That is in actuality what it was living under your parents roof. A lot of the teen worries were handled or addressed by parents or loved ones. Thinking of all the hassles, fight/arguments, and pain you endure through the teen years, was it worth it? At the time, you feel you won't make it, but then you realize that you can prevail over all the nonsense and

become someone.

Family never allows you to take huge steps backward, they educate you when you are young giving you morals to live by, strike you when you have been naughty to instill the beliefs of the family, and then open their hands and let you fly high. To use a warm-blooded animal to identify the love and caring a family has would be birds. Birds never leave a baby unattended. They keep their babies covered until it is time for them to become a full fledged bird. They train the babies through a series of demonstrations and aerial drops. Finally, the young bird learns to fly and takes a trip south (or in this case to Providence, RI).

After this family and homecoming weekend, we all have the thought of family in our minds and hearts. Think of particular events, trips, and gatherings you've had with your family. Do they make you smile, cry or laugh? Take time out to call, write, e-mail parents and other family members to tell them thank you for sending me to school, being there or plainly tell them you love them! This may bring you slightly closer to them than you already are. Family will always back you up on the decisions you make or made, maybe not right away but family love prevails in the end.

## Get Up and Do Something!

by Mike Post  
Editor-in-Chief

What is participation? As defined in Webster's dictionary it is "1.the act or an instance of participating, 2.a taking part, as in some action or attempt, 3.a sharing as in benefits or profits." Webster's describes it very accurately, but at J&W the definition of participation is taken to a new level.

Our definition of participation is 1.one who thinks that Dawson is more important than say, diversity, 2.one who would rather go and get drunk than attend a meeting, 3.someone who sits around and complains about everything, but is not willing to participate. We are all victims of doing this, each to our own varying degree.

One recent example of this was the kickoff reception held for the Diversity and The Future 2000 initiative. About 60 people only attended the celebration of diversity and humankind. Three quarters of that were professional staff members. So where, were the remaining 6,980 students that reside on the Johnson & Wales campus? That's a good question. Where, were you? Out of these 20 students that attended most of them were student leaders and the same students who always attend every event and join every committee. Speaking as one of those students we are getting tired.

For some reason people have falsely acquired the attitude that everything is handed to them on a plate. What they don't realize is how the plate got there and how the stuff on the plate got there. And when they don't like the plate they began to complain and moan. Well, stop complaining and get involved. If you don't like the plate, get out there and change it. Be the one to do something groundbreaking on campus. Make a name for yourself and gain knowledge about something you wouldn't have thought twice about.

College is not only about partying. It is about higher education and expanding you intellectual thought process. Become well a well-rounded INDIVIDUAL.

I encourage you to break the stereotype that Johnson & Wales students are lazy. College is an investment and by not attending the programs or joining the organizations on campus you are wasting your money.

## Career Conference 1999

To be admitted **YOU MUST** be wearing proper attire!

What constitutes **proper** attire?



Male	Female
Minimum: A dress shirt and pants with a tie; neatly pressed	Business suit or appropriate attire, neatly pressed and worn with hosiery
Preferred: Business Suit or Sport Coat	No lace or fishnet stockings
Pants must be worn at the waist	No jeans or stretch pants
No jeans	No oversized sweaters or tank tops
Shoes that hold a shine	No micro-mini skirts or shorts of any length
No sneakers	Must wear dress shoes
Hair must be neat and clean	No excessive jewelry or noticeable body piercings other than ears
Must be clean shaven or neatly trimmed	Hair must be neat and clean
No hats	No excessive make-up
No earrings or noticeable body piercings	



# Horoscopes by Bobbie

**Leo (July 23-Aug. 22)**- You are getting major props in the love department this year, but continue to work on your future. Without your future you will lose your sense of direction.

**Capricorn (Dec. 22-Jan. 19)**- You are missing out on something important this month. Stop what you are doing and regroup. What you are doing is perceiving things the way you think they should be from what they are. You can get hurt by that.

**Sagittarius (Nov. 22-Dec. 21)**- People are throwing you compliments all the time because you deserve them. Compliment yourself also. You really do deserve the credit.

**Virgo (Aug. 23-Sept. 22)**- You love to travel and meet new people. So plan a trip for spring break with friends. Make sure they're friends you can stay with for a week. Have fun!

**Taurus (April 20-May 20)** If you stay in your shell, you will never receive anything. Talk to someone you trust if you have a problem you can't solve. Sags are great listeners.

**Scorpio (Oct. 23-Nov. 21)**- If you take away the things you don't need, then you will see the things you do have are more important. Scorpions want a lot that they don't need.

**Cancer- (June 21-July 22)**- Work on more interactive social skills than appearance. Your beauty will always come naturally. At the end of this month look for surprises. Stay tuned with Virgo's.

**Libra (Sept. 23-Oct. 22)**- You live life to the fullest by having fun, even if you get tired. This week, make plans to chill at home and read a book.

**Pisces (Feb. 19-March 20)**- Sometimes you know how you are going to feel about things before they happen. Then, you cop out on what maybe the best thing in your life. Don't analyze; just live. You need to learn a couple of things from Libra.

**Gemini (May 21-June 20)**- Take advantage of the quality time for you. Your time is important. The month ahead looks very promising.

**Aries (March 21-April 19)**- Its time to work out those small details of your love life. Possibly with your mate, not with your friends because its your business not theirs. They need their own strategies.

**Aquarius (Jan. 20-Feb. 18)**- Pay attention to how you feel about life. If you have any doubts stop and think about where you are going and how you are going to get there.

## CLASSIFIED SECTION

### Immediate Openings !

Students earn \$375/ \$575 weekly processing/assembling medical I.D. cards from your home. Experience unnecessary...we train you ! Call MediCard 1-541-386-5290, ext. 300

Open Casting Call Hair Models, Saturday Oct. 23 10am, S.P.N.E. 1181 Douglas Ave North Providence, RI. Information 1-800-828-0030 ext. 651 paid position.

## Wishing Well®

4	2	8	5	3	5	6	4	5	8	4	7	8
A	B	C	T	A	A	L	T	K	O	T	B	N
3	2	8	6	4	3	8	2	4	7	4	3	6
M	E	S	I	A	E	I	O	I	E	N	S	F
2	4	8	7	8	6	3	5	7	4	5	4	6
P	H	D	O	E	E	S	E	B	U	T	M	I
8	5	2	8	5	3	5	7	8	7	4	2	5
R	H	E	A	E	C	I	J	C	E	I	N	N
6	4	5	2	6	4	7	5	8	6	5	6	3
S	L	I	T	S	I	C	T	H	U	I	N	L
4	5	6	5	3	7	6	7	8	3	5	8	2
T	A	N	T	E	T	Y	I	A	A	I	N	O
3	8	4	2	3	8	7	5	7	2	5	2	2
R	G	Y	L	S	E	V	V	E	I	E	F	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

## MAGIC MAZE

### CROSS —

CKHEBYVSPMJHERB  
YVTQOLIGDBYWTER  
PMKIFEDBYWUSQFO  
MKIFDDSBZXWUHEY  
SSNQREVOONLANRJ  
HTFODHYDPCIITEA  
YWIKICVETRMNSNS  
QPNTLTGKAUIDCI  
HFECACGXOWPAEB  
ZYWVUHWEC SNWOTX  
RQPNMLJLSIH FRED

Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Country  
Examine  
Eyed  
Hair

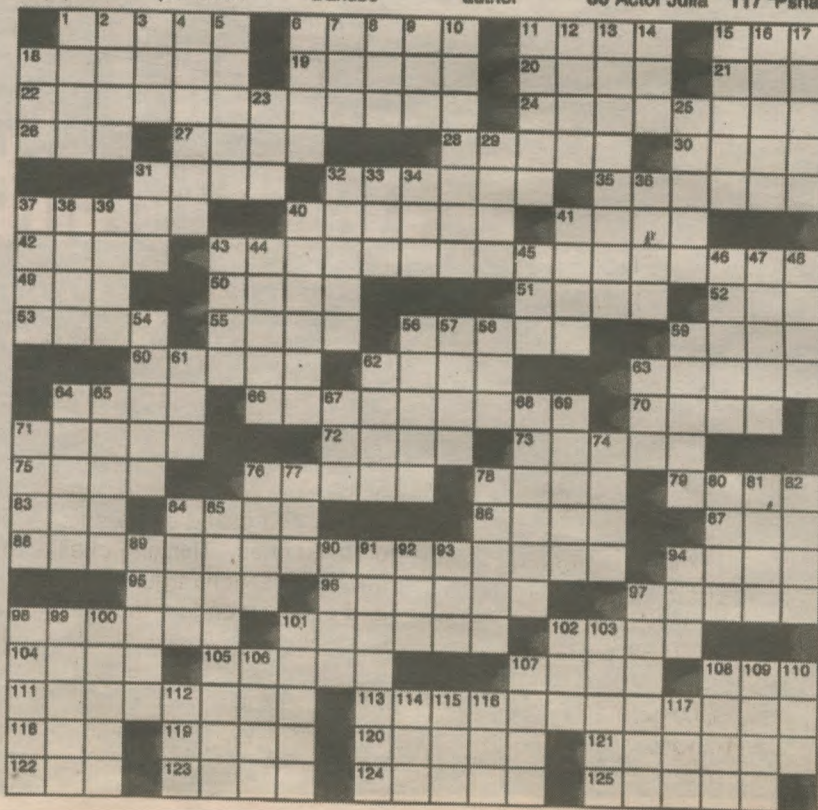
Hatch  
Index  
Legged  
Over

Purpose  
Reference  
Roads  
Section

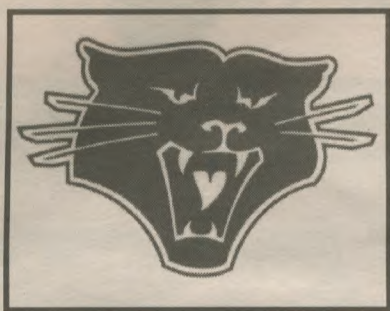
Town  
Walk  
Wise

## Super Crossword

- |  |                               |  |                                   |                          |                                  |
|--|-------------------------------|--|-----------------------------------|--------------------------|----------------------------------|
| <b>ACROSS</b>                            | 52 Squeak<br>silencer         | 97 Cantaloupe<br>or casaba                   | 4 Scours                          | 39 Sherman<br>Hemlock    | 81 Bismarck or<br>Hahn           |
| 1 Fowl remark                            | 53 Actress<br>Wynter          | 98 She's a<br>Dahl                           | 5 Joanna of<br>"Growing<br>Pains" | 40 Separate<br>part      | 82 Hammer                        |
| 6 Asparagus<br>serving                   | 55 Parched<br>actor?          | 101 Old Faithful,<br>e.g.                    | 6 Tizzy                           | 41 Obligation            | 84 Limerick's<br>land            |
| 11 Leaf part                             | 56 Actor's<br>actor?          | 102 Primer                                   | 7 Petunia, for<br>one             | 43 Beauty<br>treatment   | 85 Drink                         |
| 15 Looney<br>Tunes<br>critter            | 59 Hindu deity                | 103 Pooch                                    | 8 Archaic<br>ending               | 44 Biblical<br>mountain  | 89 Proficient                    |
| 18 Auto<br>feature                       | 60 Stared<br>stupidly         | 104 Ooze                                     | 9 Cunning                         | 45 Delivery<br>truck     | 90 Risked a<br>ticket            |
| 19 Explosive<br>stuff                    | 62 Biting<br>Scarecrow        | 105 Philhar-<br>monic<br>section             | 10 "The Barber<br>of Seville"     | 46 Bete                  | 91 Joyce opus                    |
| 20 Not quite<br>closed                   | 64 Injure                     | 107 "Wuthering<br>Heights"                   | 11 Rod of<br>composer             | 47 Sofa type             | 92 Mil. base                     |
| 21 Medical<br>grp.                       | 66 '74 First<br>Class song    | 108 Triangular<br>sail                       | 12 California<br>resort           | 48 Cabbage<br>concoction | 93 Canonized<br>Mile.            |
| 22 '78 Travolta/<br>Newton-<br>John song | 70 Sharp                      | 111 '63 Martha<br>& the<br>Vandellas<br>song | 13 Street<br>sound                | 54 Sprightly             | 94 Gush                          |
| 24 '62 Connie<br>Francis<br>song         | 71 At daybreak                | 112 '62 Beach<br>Boys song                   | 14 Epoch                          | 56 Felt sore             | 97 Attitude                      |
| 26 Hatchet                               | 72 "Peter Pan"                | 113 '62 Beach<br>Boys song                   | 15 Use one's<br>noodle            | 57 Mock                  | 98 Grate<br>stuff                |
| 27 MD's area                             | 73 Hawk's<br>home             | 114 Sixth sense                              | 16 "That's"<br>("53 tune)         | 58 Author<br>Le Shan     | 99 Singer<br>Della               |
| 28 Arabian<br>chieftain<br>film)         | 75 Square<br>measure          | 115 Matures                                  | 17 Torrid and<br>Frigid           | 59 Make tea              | 100 Bounded                      |
| 30 Concerning                            | 76 "The<br>Gun" ('68<br>film) | 120 "Middle-<br>march"                       | 18 Youth org.                     | 61 One of the<br>Marches | 101 Barnyard<br>birds            |
| 31 Part of MIT                           | 78 "Cope<br>Book" aunt        | 121 Draw forth                               | 23 Turner or<br>Cole              | 62 Pinnacle              | 102 Every guy<br>is one          |
| 32 More<br>guarded                       | 79 Play thing?                | 122 Salon<br>request                         | 25 Formal<br>headgear             | 63 Go downhill<br>fast?  | 103 Puzzling<br>problem          |
| 35 Oddballs                              | 83 Na Na                      | 123 Richard of<br>"Primal<br>Fear"           | 29 Sock<br>part                   | 64 Swaggering            | 106 Always                       |
| 37 Russian<br>rulers                     | 84 Israeli<br>diplomat        | 124 Marsh plant                              | 31 Rage                           | 65 Pianist<br>Claudio    | 107 Speck                        |
| 40 Heavenly                              | 86 Arduous<br>journey         | 125 Stinks                                   | 32 Quoted an<br>expert            | 67 Request               | 108 Playing<br>card              |
| 41 Last name<br>in fashion               | 87 Had some<br>halvah         |  | 33 Broad st.                      | 68 "The Gong<br>Show"    | 109 Author<br>Murdoch            |
| 42 PC key                                | 88 '62 Ray<br>Charles<br>song | <b>DOWN</b>                                  | 34 "M*A*S*H"<br>extras            | 69 Neighbor of<br>Oman   | 110 Bride part                   |
| 43 '57 Don<br>Rondo song                 | 89 Buriap fiber               | 1 Pivotal<br>point                           | 36 Perplexed                      | 71 Simple                | 112 Grey-<br>hound's<br>greeting |
| 49 Pub order                             | 95 Seedy spot                 | 2 Plaster<br>ingredient                      | 37 Jeremy's<br>partner            | 74 Autumn<br>implement   | 114 Diminutive<br>suffix         |
| 50 Emulate                               | 96 Armadillo's<br>protection  | 3 City on the<br>Danube                      | 38 "Nana"<br>author               | 76 TV's "<br>That Tune"  | 115 Disencum-<br>ber             |
| 51 Be an<br>accomplice                   |                               |  |                                   | 77 Some                  | 116 Driving<br>hazard            |
|  |                               |  |                                   | 78 A real<br>knockout!   | 117 "Pshaw!"                     |
|  |                               |  |                                   | 80 Actor Julia           |                                  |







# Wildcat Sports

## VOLLEYBALL CATS GET MIXED BAG OF RESULTS

by John Parente  
Sports Editor

There was some success, there was some difficulty, there was some heartbreak, some frustration, but there were plenty of positives, too. All of this in a week, mind you.

The J&W women's volleyball team first lost a downright killer at St. Joseph College, then bounced back to beat two Great Northeast Athletic Conference foes. Then, after beating Framingham State, the Wildcats dropped a 3-0 decision to regionally-ranked Eastern Connecticut.

The roller-coaster ride that was last week's action began when J&W took a 2-0 lead against two-time defending conference champion St. Joseph. The Blue Jays, who were protecting a 41-match home winning streak at the O'Connell Center in West Hartford, were in grave danger of having that amazing skein end.

Johnson & Wales won the first two matches, and took a 13-8 lead in game three. But the resilient Jays fought back, stole game three, beat the 'Cats soundly in the fourth, and sent the match to a rubber game.

Still, J&W had its chances, leading 13-11. Again, St. Joseph dug in, made some key plays, and scored the last four points of the match.

Nonetheless, the Wildcats, who had to be disappointed, left Connecticut knowing that they can certainly play with the team that has beaten them in the last two GNAC finals. That's pretty good.

Once a couple of days helped heal the disappointment, the Wildcats bounced back and won their next three matches. There was no problem in a pair of 3-0 GNAC wins against Daniel Webster and Emmanuel

College. Those victories improved J&W's conference mark to 4-1. Two days later, Framingham State came to the Harborside RAC, and, after stealing the first game from the Wildcats, fell to the good guys, 3-1.

Sarah Craig had 26 kills to lead J&W. 22 of those kills came in the second, third and fourth games of the match, when the Wildcats awakened and handled the Rams readily. Shana Eigen and Stevi Ebert, a pair of freshmen, made major contributions in the latter games as well, as the Wildcats upped their regular-season record to 9-4 by dumping Framingham State.

But Eastern Connecticut was another matter. The tall and talented Warriors swept past J&W on the strength of their sequoia-like frontcourt. With three six-footers who were all solid hitters, Eastern was able to attack continually, and beat the 'Cats, 15-3, 15-7, 15-11.

As the score indicates, though, the Wildcats put up a better challenge as the night went on. Craig, Eigen, Ebert, and Danielle Scialpi came up with a cluster of kills in the second and third games to help the 'Cat cause. Scialpi may have, in fact, played the best she's played all year, and, if that's the case, another valuable weapon is available as J&W begins its drive for a third straight berth to the GNAC championship final.

The Wildcats will be on the road until the 12th of October. There's a Wednesday night matchup at Mass. Maritime, followed by another GNAC Saturday tri-match with Simmons at Emerson. A Wildcat sweep of the tri-match would set up an October 12th showdown with Suffolk in Providence for the number-two seed in the October 23rd GNAC tournament.

### GOT GAME?

Show support for J&W teams and attend a  
game!!!

Dial INFO for more information

## Black & White Invitational

### 3 on 3 Tournament

Saturday, October 16, 1999  
Culinary Gym  
Admission: FREE

To Participate  
Team Rosters must be submitted to the  
organization's mailbox in CBCSI, by 10/12.

\$40.00 Registration fee due at team meeting on  
10/14

## Simmons Spoils Cats Party Womens soccer puts up a great fight

by John Parente  
Sports Editor

It's certainly not because they didn't know any better. When the red-hot J&W women's soccer team took to the field for their Homecoming game against Simmons, the Wildcats knew who and what they were up against.

Simmons, a two-time conference finalist, is the reigning Great Northeast Athletic Conference champion, and came into Pierce Stadium with a 4-1 league record. Though the Wildcats were 8-1-1 and 4-0-1 in league play, everyone knew it would be tough.

But, when Lady Luck frowned upon the Wildcats, it got even tougher.

Though Johnson & Wales outplayed their mighty opponents in the first half, Simmons nonetheless had the lead. Then, as time waned, one costly mistake by the Wildcats resulted in a clinching goal, and the Sharks left town with the Conference lead and a 2-0 victory.

Still, the way the two teams battled, it sure looked like it could be a prelude of the '99 GNAC final.

The Wildcats peppered Simmons' keeper Erin McElhinney with shot after shot in the first half—13 in all. Some hit the crossbar, some went just wide, some were stopped by the Sharks' standout. None went in, and that's what counts.

The one shot that did go in was one by Katie Dulac, the Sharks' leading scorer, who took a chip and sped in to beat J&W's Holly Bodwell in the 37th minute. For all of the play down the J&W offensive end, the Wildcats were down 1-0 at halftime.

To amplify the problem, Simmons played an even better second half—the two teams played to a virtual standoff, in fact. Because of that, the Sharks gave up fewer scoring chances. And while the Wildcats continued to play solidly, Simmons didn't get many shots, either. But again, the one they got counted. Dulac did it again, taking a cross and firing a perfect shot that Bodwell had no chance on in the upper left hand corner of the net with eight minutes to play. It was a dagger.

Still, the Wildcats certainly know that they can play with the likes of Simmons and Norwich as they head down the stretch of the regular season. That's a far cry from the 1997 team that won four games in total. There's an awful lot of sea-son left, and with playoff possibilities looming, to be even-up with the likes of the champs is fairly rarified air.

The 'Cats play Framingham State Thursday at 4:00 at Pierce, then travel to Emmanuel for another big GNAC match on Saturday.



UNBEATEN TENNIS CATS  
DROP BOMB ON  
GNAC CHAMP SUFFOLK

by John Parente  
Sports Editor

After what's happened in the last week, you've got to forgive Dr. Allan Freedman if visions of his own version of the tennis Grand Slam aren't dancing in his head.

After all, Freedman coached the J&W men's tennis team to an unbeaten season and the Great Northeast Athletic Conference title last year.

Now, he has an opportunity to do the same with the Johnson & Wales women's team. And so far, the team hasn't let him down.

In fact, J&W pulled off the biggest upset in their brief women's tennis history when they decisively defeated defending GNAC champion Suffolk, 7-2 last weekend.

Couple that with one-point wins over powerful UMass-Dartmouth and Roger Williams, and, suddenly, the Wildcat tennis team is 4-0.

Sebla Eyuboglu, the five-foot-tall dynamo from Istanbul, Turkey, knocked off Suffolk's Yelena Chepiga in straight sets at first singles to help propel the Wildcats to their win over Suffolk. Chepiga, who went undefeated throughout the entire GNAC regular-season last year, was 2-0 this year before Eyuboglu displayed her best tennis in downing her opponent.

The two put on a quality match before a small but appreciative group of onlookers. Chepiga's a polished and powerful righty, while Eyuboglu came up with shot after shot, combining her blistering forehand from the left with backhand placements that continually turned games her way in a 7-5, 6-3 victory.

While Eyuboglu ignited the Wildcats, the team's depth at the last four singles spots came up with the points needed to clinch the match in singles play. Veterans Nicole Manginelli and Lucia Castillo and newcomers Erini Papafilipakas and Emily Herr were all winners, to give the 'Cats five singles points. Two doubles wins made it a very good afternoon for J&W.

A 4-3 win over UMass-Darmouth put the win skein at three. Though Eyuboglu lost her match at number-one, Kristina Dunn took care of her second-singles opponents. Herr, Castillo, and Manginelli all won in straight-sets, and the 'Cats took the win. Had darkness not pressed upon the match, the 'Cats were in position to pick up two more points. Eyuboglu and Papafilipakas were up 4-1 in their doubles match, while Herr and Castillo were up 3-2 in theirs.

Roger Williams picked up two points by default, but couldn't overcome another Wildcat advantage in singles play. Dunn, playing at number-one, scored a 6-1, 6-1 victory in her best outing of the early season, when the Wildcats needed it most. Papafilipakas and Herr won in straight sets, and Castillo blitzed her opponent without giving up a point.

Herr teamed with Castillo to help the Wildcats earn a split of the two doubles matches that were played, and the streak made its way to four.

JWU SAILING CLUB RACING SCHEDULE FALL 1999

Date	Location	Time	Class	Team
19/9	Boston College	9.30	420	Pippi, Sebastian Malin, Ebba
19/9	Conn. College	9.30	FJ	Anders, Andreas Alex, Peter
25/9	URI	9.30	FJ	Anders, Niklas Bobo, Lars
26/9	Yale	9.30	420	Ebba, Malin Alex, Peter
2/10	Roger Williams	9.30	420	Ebba, Malin Peter, Alex/Stina
2/10	Sakonnet	9.30		Yngling Pippi, Kristoffer, Johan
3/10	Boston College	9.30	420	Anders, Niklas Andreas, Sebastian/Pippi/ Bobo
16/10	Boston College	9.30	420	Kristoffer, Johan Alex, Anders
23/10	URI	9.30	FJ	Pippi, Sebastian/ StinaAndreas, Johan/Bobo

INTRAMURAL FLAG FOOTBALL SCHEDULE 10/8-10/16

10/8	10A.M. BIG DOGS VS. CARDERA 11A.M. AEI HAMMERHEADS VS. ZBT
10/9	10A.M. RENAISSANCE WOLF PACK VS.ACE OUTKAST 11A.M. X-MEN VS. WARRIOR MONKS
10/15	10A.M. AEI HAMMERHEADS VS. CARDERA 11A.M. BIG DOGS VS. ZBT
10/16	10A.M. RENAISSANCE WOLF PACK VS.WARRIORMONKS 11A.M. X-MEN VS. ACE OUTKAST

SELF-DEFENSE COURSES  
BEING OFFERED AT RAC

by John Parente  
Sports Editor

Aided by one of its own, Johnson & Wales is now offering self-defense and martial arts classes at the Harborside Recreation and Athletic Complex.

Sensei Steve O'Brien, a member of the J&W Safety and Security Department, is teaching Introductory Martial Arts and Basic Self-Defense classes on Sunday and Tuesday nights beginning at 6:30 at the RAC's Multi-Purpose Rooms on the first floor.

O'Brien is a first-degree black belt in Judo and Tae Kwan Do, and a second-degree black belt in Ju-Jitsu and Kun Tou. He has been an instructor at a local martial arts academy for the past six years, and its director for the past two.

The classes at the RAC are open to students and staff alike, and are only fifteen dollars per trimester. Guest instructors will join O'Brien throughout the course as well.

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